

ELITE POSITION CAMP

July 7 & 8

Train like a GVSU volleyball player!

Get the full Grand Valley Volleyball Experience by attending the Laker Elite Camp. If you are looking to experience college training now let the GVSU Coaching staff and current players teach you what it is like to be a college athlete. Two days of skill specific training alongside other potential college volleyball players will help take your game to the next level.

Commuter: \$180 (All meals)

Overnight: \$260 (All meals and room) (T-shirt & Waterbottle included) 12pm-7pm / 9:30am-4:00pm

2 DAY ALL SKILLS CAMP

All Skills Camp

June 30 & July 1

The All Skills Camp is designed to improve the fundamental skills of a volleyball player: serving, passing, setting, attacking, blocking, and individual defense. Players will use the skills from this camp to form a strong foundation and become a complete volleyball player. This camp is perfect for any skill level!

Commuter: \$145 (All meals)

(T-shirt & Waterbottle included)

Overnight: \$185 (All meals and room) (T-shirt & Waterbottle included)

1:30pm-7pm / 9:30am-4:00 pm

SETTER HITTER LIBERO CAMP

July 1 & 2

Players attending this camp will receive two days of individual skill improvement with a maximum number of ball contacts. Players will be divided according to skill level in order to assist the athlete in developing their full potential by challenging them in the most difficult setting. If you like to work hard and have the desire to be the best you can be, this camp is for you! Teams are encouraged to attend this camp and train together!

Commuter: \$145 (All meals)

(T-shirt & Waterbottle included)

Overnight: \$185 (All meals and room) (T-shirt & Waterbottle included)

1:30pm-7pm / 9:30am-4:00pm



ALL SKILLS CAMP

July 2nd

Cost: \$75 (T-shirt, Waterbottle & Meals included) 9am-4pm

All-Skills Camp

This camp is awesome for all skill levels. You will receive outstanding instruction from our very own GVSU team members emphasizing overall skill improvement and plenty of F-U-N. You will be placed according to your skill level so that you won't feel out-of-place. If you want to be a better player AND have fun, this camp is for you.

POSITION CAMPS

June 30

Cost: \$75 (T-shirt, Waterbottle, & Meals included) 9am-4pm

Setters Camp

This specialty camp will focus on teaching you efficient footwork, soft hands and proper mechanics of effective setting. You will learn through innovative training techniques designed specifically for setters.

Hitters Camp (Outside, Rightside or Middle Hitters)

If you want to become a stronger attacker and to play the outside or middle hitter position better, then this camp is for you. We will focus on more efficient footwork, proper arm swing mechanics, blocking technique, and other skills associated with the positions of Outside and Middle hitter. We will also work on hitting quicks, back-row attacks and slides as well as teach you swing-blocking which is becoming a popular technique in the sport. Join us ...and let's take your game to the next level.

Libero Camp

Passing and defense are the heart-and-soul of great teams and every coach needs players who can control the ball. Through fun and innovative training drills, you will focus on technique and efficient movement. You will also learn how to roll, collapse and slide on the floor to make the great play. This camp is highly encouraged for ALL players, regardless of position.

VOLLEYTOTS CAMP

July 7th

VolleyTots is a volleyball playground designed to expose your daughter or son to the sport of volleyball. In this youth program Kids age 5-10 will have fun building a passion for the sport in a high energy environment. Those attending will develop their motor skills and hand eye coordination while learning the specific volleyball movements and the FUNDamental skills of volleyball. Lower nets, smaller courts and lighter balls will allow for these beginners to experience success no matter what their age or skill level.

Cost: \$25 (T-shirt & Waterbottle included) 10am-12pm

TEAM CAMPS

High School – Laker Team Spikefest

July 9 & 10 (Junior Varsity)

July 11 & 12 (Varsity)

Laker Team Spikefest is designed to give you and your team the opportunity to improve through match experience as you prepare for your upcoming high school season. Competitions will be held in our Grand Valley Fieldhouse as well as our airconditioned Student Recreation Center.

Commuter: \$75 per person

Overnight: \$150 per person

(T-shirt, Waterbottle, Housing & 4 Meals included)

**For more information on GVSU Camps,
please contact Jason at
johnjaso@gvsu.edu / 616 331-3045**

NEW THIS YEAR: ALL MEALS INCLUDED

IMPORTANT --General Camp Information

- Mail the Registration Form, Medical Waiver and your payment to:
GVSU Volleyball Camps, 089 Fieldhouse, Allendale, MI 49401
- You can also register online at: <http://www.grandvalleystatesportscamps.com>
- Once we have received your registration, we will send you a confirmation email with directions and times for arrival.
- Refunds requested prior to the start of camp will be happily given (minus a \$30 administrative fee). No refunds will be given once that camp has started.
- Each camper needs to have a complete and signed medical release form on file. No camper will be allowed to participate without one.
- Campers will receive 24-hour athletic training supervision • Resident campers will be housed in a supervised campus dormitory. There will be camp staff living on the same floors with dorm supervisors on duty.
- You will need to bring your own linens and towels. You may wish to bring a fan, radio, alarm clock and money for vending machines as well.
- You may request a roommate ahead of time.
- For those attending Elite Camp, Resident campers' meals are included. Commuter campers may purchase lunch and dinner at an additional cost.
- Each camper is asked to come fully prepared to participate the first day

REGISTRATION FORM

Online Registration Preferred at:

www.grandvalleystatesportscamps.com

Name _____

Phone _____

Age _____

Email _____

Address _____

City _____ Zip _____

Grade in Fall _____

High School _____ Position _____

Height _____

T-Shirt (circle adult size) S M L XL

ELITE: POSITION CAMP: July 7th & 8th

☐ Commuter: \$200

☐ Overnight: \$260

SETTER/HITTER/LIBERO CAMP: July 1st & 2nd

☐ Commuter: \$145

☐ Overnight: \$185

TWO-DAY ALL SKILLS CAMP: June 30th & July 1st

☐ Commuter: \$145

☐ Overnight: \$185

HIGH SCHOOL LAKER TEAM SPIKEFEST

☐ July 9th & 10th (Junior Varsity): \$75 per person

☐ July 11th & 12th (Varsity): \$75 per person

☐ July 11th & 12th (Varsity - Overnight): \$150 per person

Coach must register teams for overnight accommodations.

ONE-DAY ALL SKILLS CAMP

☐ One-Day All-skills Camp: \$75; July 2

ONE-DAY POSITION CAMPS

☐ One-Day Setters Camp: \$75; June 30

☐ One-Day Hitters Camp: \$75; June 30

☐ One-Day Libero Camp: \$75; June 30

VOLLEYTOTS

☐ VOLLEYTOTS Camp: \$25; July 7

Enclosed is

\$ _____

Make Checks payable to Grand Valley State University

Send to:

GVSU Volleyball Camps, 089 Fieldhouse,
Allendale, MI 49401

*Be sure to fill out Medical Insurance Waiver on reverse side



MEDICAL WAIVER

Name _____
Home Address _____
City _____ Zip _____
Home Phone _____ Date of Birth _____
Primary Care Physician _____
Office Phone Number _____
Is camper currently being treated by a physician for injury or illness? If yes, explain _____
List medical conditions _____
List medications currently taken _____
List allergies _____
Policy Holder's Name _____
Address _____ City _____
Home Phone _____ Cell Phone _____
Group # _____ Plan # _____
Contract # _____ Policy # _____
Relationship to Camper _____
Emergency # _____

As the parent/guardian of the camper listed above I hereby agree to the following as a condition of _____'s participation in the Grand Valley State University (GVSU), summer camp program and related activities.

I give my permission to GVSU, St. Mary's Hospital, Spectrum Health Care System, North Ottawa Community Hospital, Metropolitan Health Care System or other health care providers to provide, seek, obtain, or approve any routine, necessary, or emergency health care during the campers involvement in the GVSU summer camp program. I understand that this authorization is given in advance of any specific diagnosis, or treatment or medical care being required and is to serve as specific consent to any and all such diagnosis, treatment or hospital care which may be deemed advisable. I understand my rights under the Health Insurance Portability and Accountability Act (HIPPA) and authorize GVSU to release information as necessary for managing summer camp healthcare. I attest that a physician has examined the camper in the past twelve months and he/she was found to be in good health. I attest that currently there is no medical reason for the camper not to participate in the strenuous physical activities of the sports camp program. I acknowledge that participation in sports camp and related activities involves assumed and inherent risk of personal injury. I assume such risk on behalf of the camper and give my permission to the camper to participate in all sports camp activities. I release and agree to hold harmless GVSU, its Board of Trustees, students and employees from all claims, actions, damages and liabilities for personal injury or damage relating to or arising out of any sports camp activity except where the injury or damage is caused by the gross negligence of the university's employees. I understand that the camper will be subject to the rules and regulations of the GVSU sports camp. I understand that any person who repeatedly disobeys camp policies or procedures will be immediately expelled from camp. GVSU is not responsible for lost or stolen property.

Signature of Parent or Guardian Date



HEAD COACH
DEANNE SCANLON

Deanne Scanlon has led Grand Valley State's volleyball program for 19 seasons with an overall record of 482-146 and a .768 winning percentage. Under Scanlon's guidance, Grand Valley has established themselves as one of the elite programs in Division II, highlighted by winning the program's first-ever NCAA National Championship title in 2005.

Over her tenure she has mentored 50 All-GLIAC Conference selections and in 2010 she added her 20th All-American to the list. Scanlon has also been honored by her peers three times as GLIAC- Coach-Of-The-Year, five times as NCAA Regional Coach-Of-The-Year and the highest honor that can be bestowed, AVCA National-Coach-Of- The-Year, in 2005.



ASSOCIATE HEAD COACH
JASON JOHNSON

Jason Johnson has been a part of the GVSU coaching staff for 15 seasons, including 11 years as a full-time assistant with the Lakers. During his time with the Grand Valley State program, the team has tallied a 411-115 (.781) overall record, which includes winning the 2005 Division II National Championship. Johnson has also helped GVSU to seven NCAA Elite Eight berths and five trips to the NCAA Final Four since he joined the program in 1997.



ASSISTANT COACH
JOE MURRAY

Joe Murray is in his first season as an assistant coach at Grand Valley State. Murray spent the last four seasons as an assistant coach at Grand Rapids Community College.

While at GRCC, Murray helped the Raiders win the NJCAA Division II National Championship in 2012. Murray has been a National Level coach at Michigan Volleyball Academy since 2008. He led one of his MVA club teams to a national championship in 2008, while also winning several state titles.

2014 Volleyball Camp
Grand Valley State University
89 Fieldhouse
Allendale, Michigan 49401



TRADITION OF EXCELLENCE

National Champions -
2005
NCAA Final Four -
2001, 2002, 2003, 2008
NCAA Elite Eight -
2000, 2007, 2010
NCAA Regionals -
2004, 2006, 2009
GLIAC Champions -
2000, 2002, 2005, 2007, 2008
GLIAC North Division Champions
2000, 2001, 2002, 2004, 2005, 2006, 2007,
2008, 2010



2014 VOLLEYBALL CAMPS

Elite: Position Camp
July 7th & 8th
Setter/Hitter/Libero Camp
July 1st & 2nd
Two-Day All-Skills Camp
June 30th & July 1
One-Day All-Skills Camp
July 2nd
One-Day Specialty Skills Camp
Setter, Hitter, Libero
June 30th
One Day Volleytots Camp
July 7th
JV Team Camp
July 9th & 10th
Varsity Team Camp
July 11th & 12th