



2018 VOLLEYBALL CAMPS

One Day Position Camps
July 6th

Setter, Hitter, Libero Camps
July 2nd & 3rd

Two Day All-Skills Camp
July 7th & 8th

Volleytots Camp
July 11th

Elite (Prospect) Camp
July 9th & 10th

JV Team Camp
July 11th & 12th

Varsity Team Camp
July 13th & 14th

TRADITION OF EXCELLENCE

National Champions
'05

NCAA Final Four
'01, '02, '03, '08, '14

NCAA Elite Eight
'00, '07, '10, '14

NCAA Regionals
'04, '06, '09, '13, '14, '15

GLIAC Champions
'00, '02, '05, '07, '08, '13, '14

GLIAC North Division Champions
'00, '01, '02, '04, '05, '06,
'07, '08, '10, '13, '14

MEDICAL WAIVER

Name _____
 Home Address _____
 City _____ Zip _____
 Home Phone _____ Date of Birth _____
 Primary Care Physician _____
 Office Phone Number _____
 Is camper currently being treated by a physician for injury or illness? If yes, explain _____
 List medical conditions _____
 List medications currently taken _____
 List allergies _____
 Policy Holder's Name _____
 Address _____ City _____
 Home Phone _____ Cell Phone _____
 Group # _____ Plan # _____
 Contract # _____ Policy # _____
 Relationship to Camper _____
 Emergency # _____

As the parent/guardian of the camper listed above I hereby agree to the following as a condition of _____'s

participation in the Grand Valley State University (GVSU), summer camp program and related activities. I give my permission to GVSU, St. Mary's Hospital, Spectrum Health Care System, North Ottawa Community Hospital, Metropolitan Health Care System or other health care providers to provide, seek, obtain, or approve any routine, necessary, or emergency health care during the campers involvement in the GVSU summer camp program. I understand that this authorization is given in advance of any specific diagnosis, or treatment or medical care being required and is to serve as specific consent to any and all such diagnosis, treatment or hospital care which may be deemed advisable. I understand my rights under the Health Insurance Portability and Accountability Act (HIPAA) and authorize GVSU to release information as necessary for managing summer camp healthcare. I attest that a physician has examined the camper in the past twelve months and he/she was found to be in good health. I attest that currently there is no medical reason for the camper not to participate in the strenuous physical activities of the sports camp program. I acknowledge that participation in sports camp and related activities involves assumed and inherent risk of personal injury. I assume such risk on behalf of the camper and give my permission to the camper to participate in all sports camp activities. I release and agree to hold harmless GVSU, its Board of Trustees, students and employees from all claims, actions, damages and liabilities for personal injury or damage relating to or arising out of any sports camp activity except where the injury or damage is caused by the gross negligence of the university's employees. I understand that the camper will be subject to the rules and regulations of the GVSU sports camp. I understand that any person who repeatedly disobeys camp policies or procedures will be immediately expelled from camp. GVSU is not responsible for lost or stolen property.

Signature of Parent or Guardian Date _____

IMPORTANT — General Camp Information

- Mail the Registration Form, Medical Waiver and your payment to: GVSU Volleyball Camps, 089 Fieldhouse, Allendale, MI 49401 You can also register online at: <http://www.grandvalleystatesportscamps.com>
- Once we have received your registration, we will send you a confirmation email with directions and times for arrival.
- Refunds requested prior to the start of camp will be happily given (minus a \$30 administrative fee). No refunds will be given once that camp has started.
- Each camper needs to have a complete and signed medical release form on file. No camper will be allowed to participate without one.
- Campers will receive 24 hour athletic training supervision
- Resident campers will be housed in a supervised campus dormitory. There will be camp staff living on the same floors with dorm supervisors on duty.
- You will need to bring your own linens and towels. You may wish to bring a fan, radio, alarm clock and money for vending machines as well.
- You may request a roommate ahead of time.
- Each camper is asked to come fully prepared to participate the first day

ONE DAY POSITION CAMPS

July 6th 9am – 4pm; \$80
 (T-shirt, Waterbottle, & Meals included)

Setters Camp

This specialty camp will focus on teaching you efficient footwork, soft hands and proper mechanics of effective setting. You will learn through innovative training techniques designed specifically for setters.

Hitters Camp: Outside, Rightside or Middle Hitters

If you want to become a stronger attacker and to play the outside or middle hitter position better, then this camp is for you. We will focus on more efficient footwork, proper armswing mechanics, blocking technique, and other skills associated with the positions of Outside and Middle hitter. We will also work on hitting quicks, backrow attacks and slides as well as teach you swing-blocking which is becoming a popular technique in the sport. Join us... and let's take your game to the next level.

Libero Camp

Passing and defense are the heart-and-soul of great teams and every coach needs players who can control the ball. Through fun and innovative training drills, you will focus on technique and efficient movement. You will also learn how to roll, collapse and slide on the floor to make the great play. This camp is highly encouraged for ALL players, regardless of position.

SETTER, HITTER, LIBERO CAMPS

July 2nd & 3rd 1:30pm – 7:30pm / 9:30am – 4pm

Commuter: \$155 (T-shirt, Waterbottle, & Meals included)
 Overnight: \$200 (T-shirt, Waterbottle, Meals, & Room included)

Players attending this camp will receive two days of individual skill improvement with a maximum number of ball contacts. Players will be divided according to skill level in order to assist the athlete in developing their full potential by challenging them in the most difficult setting. If you like to work hard and have the desire to be the best you can be, this camp is for you! Teams are encouraged to attend this camp and train together!

TWO DAY ALL-SKILLS CAMP

July 7th & 8th 1:30pm – 7pm / 9:30am – 4pm

Commuter: \$155 (T-shirt, Waterbottle, & Meals included)
 Overnight: \$200 (T-shirt, Waterbottle, Meals, & Room included)

The All Skills Camp is designed to improve the fundamental skills of a volleyball player: serving, passing, setting, attacking, blocking, and individual defense. Players will use the skills from this camp to form a strong foundation and become a complete volleyball player. This camp is perfect for any skill level!

DEANNE SCANLON — Head Coach



Deanne Scanlon has led Grand Valley State's volleyball program for 21 seasons with an overall record of 546–165 and a .768 winning percentage. Under Scanlon's guidance, Grand Valley has established themselves as one of the elite programs in Division II, highlighted by winning the program's first-ever NCAA National Championship title in 2005. Over her tenure she has mentored 50 All-GLIAC Conference selections and in 2010 she added her 20th All-American to the list. Scanlon has also been honored by her peers three times as GLIAC Coach-Of-The-Year, five times as NCAA Regional Coach-Of-The-Year and the highest honor that can be bestowed, AVCA National-Coach-Of-The-Year, in 2005.

ELITE PROSPECT CAMP

July 9th & 10th 10:30am – 7:30pm / 9:30am – 4pm

Commuter: \$175 (T-shirt, Waterbottle, & Meals included)
 Overnight: \$250 (T-shirt, Waterbottle, Meals, & Room included)

Train like a GVSU volleyball player!

Get the full Grand Valley Volleyball Experience by attending the Laker Elite Camp. If you are looking to experience college training now let the GVSU Coaching staff and current players teach you what it is like to be a college athlete. Two days of skill specific training alongside other potential college volleyball players will help take your game to the next level.

VOLLEYTOTS CAMP

July 11th 10am – 12pm; \$25
 (T-shirt & Waterbottle included)

VolleyTots is a volleyball playground designed to expose your daughter or son to the sport of volleyball. In this youth program Kids age 5-10 will have fun building a passion for the sport in a high energy environment. Those attending will develop their motor skills and hand eye coordination while learning the specific volleyball movements and the FUNDamental skills of volleyball. Lower nets, smaller courts and lighter balls will allow for these beginners to experience success no matter what their age or skill level.

TEAM CAMPS

High School – Laker Team Spikefest

July 11th & 12th (Junior Varsity)

July 13th & 14th (Varsity)

Commuter: \$75 ^{per person} (T-shirt, Waterbottle, & Meals Included)
 Overnight: \$150 ^{per person} (T-shirt, Waterbottle, Housing, & Meals Included)

Laker Team Spikefest is designed to give you and your team the opportunity to improve through match experience as you prepare for your upcoming high school season. Competitions will be held in our Grand Valley Fieldhouse, as well as our airconditioned Student Recreation Center.

JASON JOHNSON — Associate Head Coach



Jason Johnson has been a part of the GVSU coaching staff for 17 seasons, including 14 years as a full-time assistant with the Lakers. During his time with the Grand Valley State program, the team has tallied a 475–134 (.780) overall record, which includes winning the 2005 Division II National Championship. Johnson has also helped GVSU to seven NCAA Elite Eight berths and five trips to the NCAA Final Four since he joined the program in 1997.

ABBY AIKEN — Assistant Coach



Aiken will assist the coaching staff with recruiting, administrative work, community service projects, and will be an instruction coordinator during team and individual camps. In her four seasons playing, Aiken helped the Lakers win a pair of regular season GLIAC championships and a GLIAC Tournament title, earn two appearances in the Midwest Region championship match, and become just the sixth GVSU team to reach the NCAA Final Four.

REGISTRATION FORM

Online Registration Preferred at:
www.grandvalleystatesportscamps.com

Name:	
Phone:	
Age:	
Email:	
Address:	
City:	Zip:
Grade in Fall:	
Highschool:	
Position:	Height:
T-Shirt (circle adult size)	S M L XL

One Day Position Camps: July 6th

- Setter Camp: \$80
 Hitter Camp: \$80
 Libero Camp: \$80

Setter/Hitter/Libero Camp: July 2nd & 3rd

- Commuter: \$155 Overnight: \$200

Two Day All-Skills Camp: July 7th & 8th

- Commuter: \$155 Overnight: \$200

Elite Prospect Camp : July 9th & 10th

- Commuter: \$175 Overnight: \$250

Highschool Laker Team Spikefest

- July 11th & 12th (Junior Varsity): \$75 per person
 July 11th & 12th (JV Overnight): \$150 per person
 July 13th & 14th (Varsity): \$75 per person
 July 13th & 14th (Varsity Overnight): \$150 per person

VOLLEYTOTS Camp: July 11th

Volleytots Camp: \$25

Enclosed is

\$ _____

Make Checks payable to Grand Valley State University

Send to:

GVSU Volleyball Camps
 089 Fieldhouse Allendale, MI 49401

*ATTN: Be sure to fill out Medical Insurance Waiver

For more information on GVSU Camps, please contact
 Jason at johnjaso@gvsu.edu
 616 331-3045

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 Grand Valley State University
 089 Fieldhouse
 Allendale, Michigan 49401