

## ONE DAY POSITION CAMPS

July 1st 9am – 4pm; \$85  
(T-shirt & Meals included)

### Setters Camp:

This specialty camp will focus on teaching you efficient footwork, soft hands and proper mechanics of effective setting. You will learn through innovative training techniques designed specifically for setters.

### Hitters Camp:

Outside, Rightside or Middle Hitters

If you want to become a stronger attacker and to play the outside or middle hitter position better, then this camp is for you. We will focus on more efficient footwork, proper arm swing mechanics, blocking technique, and other skills associated with the positions of Outside and Middle hitter. We will also work on hitting quicks, backrow attacks and slides as well as teach you swing-blocking which is becoming a popular technique in the sport. Join us...and let's take your game to the next level.

### Libero Camp:

Passing and defense are the heart-and-soul of great teams and every coach needs players who can control the ball. Through fun and innovative training drills, you will focus on technique and efficient movement. You will also learn how to roll, collapse and slide on the floor to make the great play. This camp is highly encouraged for ALL players, regardless of position.

## SETTER HITTER LIBERO CAMP

July 6th & 7th 1:30pm – 7:30pm / 9:30am – 4pm

**Commuter:** \$160 (T-shirt & Meals included)

**Overnight:** \$210 (T-shirt, Meals, & Room included)  
Players attending this camp will receive two days of individual skill improvement with a maximum number of ball contacts. Players will be divided according to skill level in order to assist the athlete in developing their full potential by challenging them in the most difficult setting. If you like to work hard and have the desire to be the best you can be, this camp is for you! Teams are encouraged to attend this camp and train together!



## ELITE PROSPECT CAMPS

July 8th & 9th 10:30am – 7:30pm / 9:30am – 4pm

**Commuter:** \$175 (T-shirt & Meals included)

**Overnight:** \$250 (T-shirt, Meals, & Room included)

Train like a GVSU volleyball player!

Get the full Grand Valley Volleyball Experience by attending the Laker Elite Camp. If you are looking to experience college training now let the GVSU Coaching staff and current players teach you what it is like to be a college athlete. Two days of skill specific training alongside other potential college volleyball players will help take your game to the next level.



## 2 DAY ALL SKILLS CAMP

July 2nd & 3rd 1:30pm – 7pm / 9:30am – 4pm

**Commuter:** \$160 (T-shirt & Meals included)

**Overnight:** \$210 (T-shirt, Meals, & Room included)

The All Skills Camp is designed to improve the fundamental skills of a volleyball player: serving, passing, setting, attacking, blocking, and individual defense. Players will use the skills from this camp to form a strong foundation and become a complete volleyball player. This camp is perfect for any skill level!

## TEAM CAMPS

High School – Laker Team Spikefest

July 10th & 11th (Junior Varsity)

July 12th & 13th (Varsity)

**Commuter:** \$75 per (T-shirt & Meals Included)

**Overnight:** \$150 per (T-shirt, Housing, & Meals Included)

Second Session only offered after the first Session is filled. Laker Team Spikefest is designed to give you and your team the opportunity to improve through match experience as you prepare for your upcoming high school season. Competitions will be held in our Grand Valley Fieldhouse, as well as our airconditioned Student Recreation Center.

## VOLLEYTOTS CAMP

July 10th 10am – 12pm; \$25

(T-shirt included)

VolleyTots is a volleyball playground designed to expose your daughter or son to the sport of volleyball. In this youth program Kids age 5-10 will have fun building a passion for the sport in a high energy environment. Those attending will develop their motor skills and hand eye coordination while learning the specific volleyball movements and the FUNDamental skills of volleyball. Lower nets, smaller courts and lighter balls will allow for these beginners to experience success no matter what their age or skill level.

For more information on GVSU Camps,  
please contact Jason at  
johnjaso@gvsu.edu / 616 331-3045

### IMPORTANT --General Camp Information

- Mail the Registration Form, Medical Waiver and your payment to:  
GVSU Volleyball Camps, 089 Fieldhouse, Allendale, MI 49401
- You can also register online at: <http://www.grandvalleystatesportscamps.com>
- Once we have received your registration, we will send you a confirmation email with directions and times for arrival.
- Refunds requested prior to the start of camp will be happily given (minus a \$30 administrative fee). No refunds will be given once that camp has started.
- Each camper needs to have a complete and signed medical release form on file. No camper will be allowed to participate without one.
- Campers will receive 24-hour athletic training supervision • Resident campers will be housed in a supervised campus dormitory. There will be camp staff living on the same floors with dorm supervisors on duty.
- You will need to bring your own linens and towels. You may wish to bring a fan, radio, alarm clock and money for vending machines as well.
- You may request a roommate ahead of time.
- Each camper is asked to come fully prepared to participate the first day

## REGISTRATION FORM

Online Registration Preferred at:

[www.grandvalleystatesportscamps.com](http://www.grandvalleystatesportscamps.com)

Name \_\_\_\_\_

Phone \_\_\_\_\_

Age \_\_\_\_\_

Email \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ Zip \_\_\_\_\_

Grade in Fall \_\_\_\_\_

High School \_\_\_\_\_ Posi-  
tion \_\_\_\_\_

Height \_\_\_\_\_ T-Shirt (circle adult  
size) S M L XL

**One-Day Position Camps: July 1st**

One-Day Setters Camp: \$85

One-Day Hitters Camp: \$85

One-Day Libero Camp: \$85

**Two-Day All Skills Camp: July 2nd & 3rd**

Commuter: \$160

Overnight: \$210

**Setter / Hitter / Libero Camp: July 6th & 7th**

Commuter: \$160

Overnight: \$210

**Elite Prospect Camp: July 8th & 9th**

Commuter: \$175

Overnight: \$250

**High School Laker Team Spikefest**

Junior Varsity (July 10th & 11th): \$75 per person

JV Overnight (July 10th & 11th): \$150 per person

Varsity (July 12th & 13th): \$75 per person

Varsity Overnight (July 12th & 13th): \$150 per person

\*Coach MUST register teams for overnight accommodations

**VOLLEYTOTS**

VOLLEYTOTS Camp: \$25; July 10th

Enclosed is

\$ \_\_\_\_\_

Make Checks payable to Grand Valley State University  
Send to:

GVSU Volleyball Camps, 089 Fieldhouse,  
Allendale, MI 49401

\*Be sure to fill out Medical Insurance Waiver on reverse  
side

## MEDICAL WAIVER

Name \_\_\_\_\_  
 Home Address \_\_\_\_\_  
 City \_\_\_\_\_ Zip \_\_\_\_\_  
 Home Phone \_\_\_\_\_ Date of Birth \_\_\_\_\_  
 Primary Care Physician \_\_\_\_\_  
 Office Phone Number \_\_\_\_\_  
 Is camper currently being treated by a physician for injury or illness? If yes, explain \_\_\_\_\_  
 List medical conditions \_\_\_\_\_  
 List medications currently taken \_\_\_\_\_  
 List allergies \_\_\_\_\_  
 Policy Holder's Name \_\_\_\_\_  
 Address \_\_\_\_\_ City \_\_\_\_\_  
 Home Phone \_\_\_\_\_ Cell Phone \_\_\_\_\_  
 Group # \_\_\_\_\_ Plan # \_\_\_\_\_  
 Contract # \_\_\_\_\_ Policy # \_\_\_\_\_  
 Relationship to Camper \_\_\_\_\_  
 Emergency # \_\_\_\_\_

As the parent/guardian of the camper listed above I hereby agree to the following as a condition of \_\_\_\_\_'s participation in the Grand Valley State University (GVSU), summer camp program and related activities.

I give my permission to GVSU, St. Mary's Hospital, Spectrum Health Care System, North Ottawa Community Hospital, Metropolitan Health Care System or other health care providers to provide, seek, obtain, or approve any routine, necessary, or emergency health care during the campers involvement in the GVSU summer camp program. I understand that this authorization is given in advance of any specific diagnosis, or treatment or medical care being required and is to serve as specific consent to any and all such diagnosis, treatment or hospital care which may be deemed advisable. I understand my rights under the Health Insurance Portability and Accountability Act (HIPPA) and authorize GVSU to release information as necessary for managing summer camp healthcare. I attest that a physician has examined the camper in the past twelve months and he/she was found to be in good health. I attest that currently there is no medical reason for the camper not to participate in the strenuous physical activities of the sports camp program. I acknowledge that participation in sports camp and related activities involves assumed and inherent risk of personal injury. I assume such risk on behalf of the camper and give my permission to the camper to participate in all sports camp activities. I release and agree to hold harmless GVSU, its Board of Trustees, students and employees from all claims, actions, damages and liabilities for personal injury or damage relating to or arising out of any sports camp activity except where the injury or damage is caused by the gross negligence of the university's employees. I understand that the camper will be subject to the rules and regulations of the GVSU sports camp. I understand that any person who repeatedly disobeys camp policies or procedures will be immediately expelled from camp. GVSU is not responsible for lost or stolen property.

\_\_\_\_\_  
 Signature of Parent or Guardian Date



**DEANNE SCANLON**  
**HEAD COACH**

Deanne Scanlon has led Grand Valley State's volleyball program for 24 seasons with an overall record of 590-206 and a .741 winning percentage. Under Scanlon's guidance, Grand Valley has established themselves as one of the elite programs in Division II,

highlighted by winning the program's first-ever NCAA National Championship title in 2005.

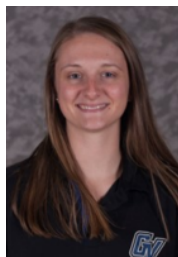
Over her tenure she has mentored 89 All-GLIAC Conference selections and in 2017 she added her 30th All-American to the list. Scanlon has also been honored by her peers three times as GLIAC Coach-Of-The-Year, five times as NCAA Regional Coach-Of-The-Year and the highest honor that can be bestowed, AVCA National Coach-Of-The-Year, in 2005.



**JASON JOHNSON**  
**ASSOCIATE HEAD COACH**

Jason Johnson has been a part of the GVSU coaching staff for 20 seasons, including 17 years as a full-time assistant with the Lakers. During his time with the Grand Valley State program, the team has tallied a 506-160 (.747)

overall record, which includes winning the 2005 Division II National Championship. Johnson has also helped GVSU to seven NCAA Elite Eight berths and five trips to the NCAA Final Four since he joined the program in 1997.



**ABBY AIKEN**  
**ASSISTANT COACH**

Aiken will assist the coaching staff with recruiting, administrative work, community service projects, and will be an instruction coordinator during team and individual camps. In her four seasons playing, Aiken helped the

Lakers win a pair of regular season GLIAC championships and a GLIAC Tournament title, earn two appearances in the Midwest Region championship match, and become just the sixth GVSU team to reach the NCAA Final Four.



Volleyball Camp  
 Grand Valley State University  
 089 Fieldhouse  
 Allendale, Michigan 49401



## TRADITION OF EXCELLENCE

**National Champions -**  
 2005  
**NCAA Final Four -**  
 2001, 2002, 2003, 2008, 2014  
**NCAA Elite Eight -**  
 2000, 2007, 2010, 2014  
**NCAA Regionals -**  
 2004, 2006, 2009, 2013, 2014, 2015  
**GLIAC Champions -**  
 2000, 2002, 2005, 2007, 2008, 2013, 2014  
**GLIAC North Division Champions -**  
 2000, 2001, 2002, 2004, 2005, 2006, 2007,  
 2008, 2010, 2013, 2014  
**GLIAC South Division Champions -**  
 2018



## 2019 VOLLEYBALL CAMPS

**One-Day Position Camp**  
 July 1st  
**Two-Day All-Skills Camp**  
 July 2nd & 3rd  
**Setter, Hitter, Libero Camps**  
 July 6th & 7th  
**Elite (Prospect) Camp**  
 July 8th & 9th  
**Volleytots Camp**  
 July 10th  
**JV Team Camp**  
 July 10th & 11th  
**Varsity Team Camp**  
 July 12th & 13th